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PREAUTHORIZATION PROCESS AND DOCUMENTATION REQUIRED

Introduction

Prior authorization (PA) is the process to approve specific services for an enrolled Medicaid, FAMIS Plus or FAMIS individual by a Medicaid enrolled provider prior to service delivery and reimbursement. Some services do not require PA and some may begin prior to requesting authorization.

Purpose of Prior Authorization

The purpose of prior authorization is to validate that the service requested is medically necessary and meets DMAS criteria for reimbursement. Prior authorization does not guarantee payment for the service; payment is contingent upon passing all edits contained within the claims payment process, the individual's continued Medicaid eligibility, the provider's continued Medicaid eligibility, and ongoing medical necessity for the service. Prior authorization is specific to an individual, a provider, a service code, an established quantity of units, and for specific dates of service. Prior authorization is performed by DMAS or by a contracted entity.

General Information Regarding Prior Authorization

Various submission methods and procedures are fully compliant with the Health Insurance Portability and Accountability Act (HIPAA) and other applicable federal and state privacy and security laws and regulations. Providers will not be charged for submission, via any media, for PA requests.

The PA entity will approve, pend, reject, or deny all completed PA requests. Requests that are pending or denied for not meeting medical criteria are automatically sent to medical staff for review. When a final disposition is reached the individual and the provider is notified in writing of the status of the request. If the decision is to deny, reduce, terminate, delay, or suspend a covered service, written notice will identify the recipient's right to appeal the denial, in accordance with 42 CFR §200 *et seq* and 12 VAC 30-110 *et seq*. The provider also has the right to appeal adverse decisions to the Department.

Changes in Medicaid Assignment

Because the individual may transition between fee-for-service and the Medicaid managed care program, the PA entity is able to receive monthly information from and provide monthly information to the Medicaid managed care organizations (MCO) or their subcontractors on services previously authorized. The PA entity will honor the Medicaid MCO prior authorization for services and have system capabilities to accept PAs from the Medicaid MCOs.

Communication

Provider manuals are posted on the DMAS and contractor's websites. The contractor's website outlines the services that require PA, workflow processes, criterion utilized to make decisions, contact names and phone numbers within their organization, information on grievance and

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appeal processes and questions and answers to frequently asked questions.

The PA entity provides communication and language needs for non-English speaking callers free of charge and has staff available to utilize the Virginia Relay service for the deaf and hard-of-hearing.

Updates or changes to the PA process for the specific services outlined in this manual will be posted in the form of a Medicaid Memo to the DMAS website. Changes will be incorporated within the manual.

SUBMITTING REQUESTS FOR SERVICES

After Medicaid eligibility for the recipient has been established, the contractor will accept requests via direct data entry (DDE), by facsimile, phone, or US Mail. The preferred method is through DDE for a quicker response. The contractor has one business day to process requests from the date the request is received. Specific information regarding the methods of submission may be found at the contractor's website, dmas.kepro.org. The program will take you through the steps needed to receive approval for service requests.

They may also be reached by phone at:

Telephone: 1-888-VAPAUTH
1-888-827-2884

Fax: 1-877OKBYFAX
1-877-652-9329

The MMIS generates letters to providers, case managers, and enrolled individuals depending on the final determination. The following chart shows the entity that receives letters generated from MMIS:

| | Provider | Enrolled Individual | Comments |
|-----------------------|----------|---------------------|---|
| Approval | X | X | |
| Denial/Partial Denial | X | X | Appeal Rights are included in all denials/partial denials |

DMAS will not reimburse providers for dates of service prior to the date(s) identified on the notification letter. All final determination letters, as well as correspondence between various entities, are to be maintained in the individuals file, and are subject to review during Quality Management Review (QMR). Please see additional requirements in Chapter VI of this manual.

Subsequent Recertification Review

Prior to the end of the last authorized date, the provider should submit the required documents for continued preauthorization. The documentation will be reviewed to determine if it meets

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DMAS criteria and documentation requirements found in Chapters IV and VI of this manual, including the physician's signature and date on the certificate of medical necessity. The DMAS preauthorization contractor will make a decision to approve, pend, deny, or reject the request. If approved, the preauthorization contractor will authorize a specific number of units and dates of service based on the documentation submitted.

PREAUTHORIZATION PROCESS

General Information

Prior to requesting authorization of services under the waivers, the individual must be deemed Medicaid eligible by the Department of Social Services and meet waiver criteria. Criteria for enrollment differ from waiver to waiver. The following chart indicates the PA entity that will accept requests for enrollment, and the alternate institutional placement. It is important to note that an individual can only be enrolled in one waiver at a time; if transferring from one waiver to another, there cannot be overlaps in dates. Please see Chapter IV for enrollment processes.

| Waiver | Send Enrollment To | Alternate Institutional Placement |
|---|---------------------------|--|
| Elderly or Disabled with Consumer Direction (EDCD) Waiver | KePRO | Skilled Nursing Facility |
| AIDS/HIV Waiver | KePRO | Skilled Nursing Facility or Acute Hospital |
| Individual and Family Developmental Disabilities Support (IFDDS) Waiver | DMAS | Intermediate Care Facility for Mentally Retarded |
| Technology Assisted (Tech) Waiver | DMAS | Skilled Nursing Facility or Acute Hospital |
| Mental Retardation (MR) Waiver | DMHMRSAS | Intermediate Care Facility for Mentally Retarded |
| Day Support (DS) Waiver for Individuals with Mental Retardation | DMHMRSAS | Intermediate Care Facility for Mentally Retarded |
| Alzheimer's Assisted Living (AAL) Waiver | DMAS | Skilled Nursing Facility |

Once enrolled in the waiver, services may be requested through the PA entity. The following chart summarizes Virginia's Home and Community Based Waivers, the services available under each waiver, and the PA entity that will review requests for services.

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| Waiver Services | AIDS Waiver | DD Waiver | EDCD Waiver | MR Waiver * | Tech Assisted | Day Support Waiver* | Alzheimer's Waiver | PA Entity* | Requires PA | Retroactive Authorization |
|--|-------------|-----------|-------------|-------------|---------------|---------------------|--------------------|--|-------------|-------------------------------------|
| Adult Companion Care – Agency | | X | | X | | | | Contractor | Yes | Yes |
| Adult Companion Care – Consumer Directed | | X | | X | | | | Contractor | Yes | Yes |
| Adult Day Health Care | | | X | | | | | Contractor | Yes | See Ch IV |
| Assisted Living | | | | | | | X | DMAS | No | No |
| Assistive Technology | | X | | X | X | | | Contractor | Yes | No |
| Congregate Residential | | | | X | | | | * | Yes | No |
| Environmental Mods | | X | | X | X | | | Contractor | Yes | No |
| Case Management | X | | | | | | | Contractor | Yes | See Ch IV |
| Crisis Stabilization | | X | | X | | | | Contractor | Yes | See Ch IV |
| Day Support Regular | | X | | X | | X | | Contractor | Yes | No |
| Day Support High Intensity | | X | | X | | X | | Contractor | Yes | No |
| Family/Caregiver Training | | X | | | | | | Contractor | Yes | No |
| In-Home Residential | | X | | X | | | | Contractor | Yes | No |
| Enteral Nutrition | X | | | | | | | Contractor | Yes | No |
| Personal Care – Agency | X | X | X | X | X | | | Contractor; Tech Waiver by DMAS | Yes | Yes |
| Personal Care – Consumer Directed | X | X | X | X | | | | Contractor | Yes | Yes |
| PERS | | X | X | X | | | | Contractor | Yes | No |
| Private Duty Nursing-RN | X | | | | X | | | AIDS Waiver by Contractor; Tech Waiver by DMAS | Yes | AIDS Waiver – No; Tech Waiver - Yes |
| Private Duty Nursing-LPN | X | | | | X | | | AIDS Waiver by Contractor; Tech Waiver by DMAS | Yes | AIDS Waiver – No; Tech Waiver - Yes |
| Respite Care - Agency | X | X | X | X | X | | | Contractor; Tech Waiver by DMAS | Yes | Yes |
| Respite Care - Consumer Directed | X | X | X | X | | | | Contractor | Yes | Yes |
| Skilled Nursing –RN | | X | | X | | | | Contractor | Yes | No |
| Skilled Nursing - LPN | | X | | X | | | | Contractor | Yes | No |
| Supported Employment- Individual | | X | | X | | | | Contractor | Yes | No |
| Supported Employment – Enclave | | X | | X | | | | Contractor | Yes | No |
| Therapeutic Consultation | | X | | X | | | | Contractor | Yes | No |
| Prevocational Services (all) | | X | | X | | X | | Contractor | Yes | No |
| PERS RN | | X | X | X | | | | Contractor | Yes | No |

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|-----------------------------------|---|---|---|---|--|--|--|------------|-----|-----------|
| PERS LPN | | X | X | X | | | | Contractor | Yes | No |
| Crisis Supervision | | X | | X | | | | Contractor | Yes | See Ch IV |
| PERS Installation | | X | X | X | | | | Contractor | Yes | No |
| Service Facilitation Visits (all) | X | X | X | X | | | | N/A | No | Yes |

**All Waiver Services requested under the Mental Retardation Waiver and the Day Support Waiver are processed through DMHMRSAS.*

***Enrollments to the DD, Tech, and Alzheimer's Waivers are performed by DMAS.*

****Once the individual is successfully enrolled by DMAS in the DD and Tech Waivers, the service requests are processed through the contractor.*

Contractor = KePRO

Preauthorization for HIV/AIDS Waiver Services

The MMIS generates letters to providers, case managers, and enrolled individuals depending on the final determination. The following chart shows the entity that receives letters generated from MMIS:

| | Provider | Case Manager | Enrolled Individual | Comments |
|-----------------------|----------|--------------|---------------------|---|
| Approval | X | X | X | |
| Pend | X | X | | |
| Reject | X | X | | |
| Denial/Partial Denial | X | X | X | Appeal Rights are included in all denials/partial denials |

DMAS will not reimburse providers for dates of service prior to the date identified on the notification letter. All final determination letters, as well as correspondence between various entities, are to be maintained in the individuals file, and are subject to review during Quality Management Review (QMR).

If available, and the recipient has chosen to receive case management services, all service requests must be submitted through the Case Manager. If services are not requested within 10 business days of start of care or 10 business days of the provider's receipt of verification of Medicaid eligibility (DMAS-122), approvals will begin on the day the request was received by the contractor.

Plans of Care and Service Authorizations

After the individual has been received an assessment by the local Pre-Admission Screening Team and determined to be eligible and appropriate for HIV/AIDS Waiver services, a referral is made to the provider of the recipient's choice. The provider performs an assessment, and if

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determined to continue to meet eligibility criteria, develops a plan of care (POC). The request for services is submitted to the contractor for authorization, with all of the supporting information as required (see Chapter IV)

Submitting Requests for Services

After the individual is successfully enrolled the provider may begin submitting requests. The contractor will accept requests via direct data entry (DDE), by facsimile, phone, or US Mail. The preferred method is through DDE for a quicker response. The contractor has one business day to process requests from the date the request is received. Specific information regarding the methods of submission may be found at the contractor's website, dmas.kepro.org. The program will take you through the steps needed to receive approval for service requests. They may also be reached by phone at:

Telephone: 1-888-VAPAUTH
1-888-827-2884

Fax: 1-877OKBYFAX
1-877-652-9329

The following chart shows the information necessary to process the request for specific services. Although these forms may not be required by the contractor, pertinent information from these forms will be required to process the request. Upon QMR of the provider or case management agency, the forms must be present in the record and fully completed. These documents will be compared against the information submitted to the contractor. In addition, the contractor may require a daily schedule of the individual.

| HCPCS code | Description | PA Required | PA Units Requested | PA Units Approved | Service limits | Units | Forms currently submitted for authorization |
|------------|--------------------------------|-------------|--------------------|-------------------|--------------------------|-------|---|
| T1016 | Case Management | Y | Month | Month | 10 | Units | DMAS-99, DMAS-114 |
| T1002 | Skilled Nursing Services, RN | Y | Day/Week | Month | Max 16 hours/day | Hour | DMAS-99, CMS 485 Nursing plan of care signed by MD (Q2Months), DMAS-114 if submitted by CM |
| T1003 | Skilled Nursing Services, LPN | Y | Day/Week | Month | Max 16 hours/day | Hour | DMAS- 99, CMS 485 Nursing plan of care signed by MD (Q2Months), DMAS-114 if submitted by CM |
| T1019 | Agency Personal Care | Y | Week | Month | ** | Hour | DMAS-97A/B, DMAS 99, DMAS-114 if submitted by CM |
| | Supervision Component | Y | Week | | ** | Hour | |
| S5126 | CD Personal Care | Y | Week | Bi-Weekly | ** | Hour | DMAS-97A/B, DMAS-99, DMAS-95 Addendum if directing own care, DMAS-114 if submitted by CM |
| | Supervision Component | Y | Week | | ** | Hour | |
| H2000 | Initial Comprehensive Visit-CD | N | N/A | N/A | 1/Entry into CD Services | Unit | N/A |

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|-------------|---------------------------------------|---|------|------|--|------|--|
| S5109 | Consumer Training-CD | N | N/A | N/A | 1/Provider | Unit | N/A |
| 99509 | Routine Visit-CD | N | N/A | N/A | 1/30 Days | Unit | N/A |
| 99199 U1 | Criminal Record Check-CD | N | N/A | N/A | No Limit | Unit | N/A |
| T1028 | Reassessment Visit-CD | N | N/A | N/A | 2/6 Months | Unit | N/A |
| S5116 | Management Training-CD | N | N/A | N/A | No Limit | Unit | N/A |
| 99199 | CPS Registry Check-CD | N | N/A | N/A | No Limits | Unit | N/A |
| T1005 | Agency Respite Care Services, Aide | Y | Year | Year | 720 Hrs/Calendar Yr (all types RCS combined) | Hour | DMAS-97A/B, DMAS-99, DMAS-300 if sole service, DMAS-114 if submitted by CM |
| S9125 | Agency Respite Care Services, Skilled | Y | Year | Year | 720 Hrs/Calendar Yr (all types RCS combined) | Hour | DMAS-97A/B, DMAS-99, DMAS-300 signed by MD, DMAS-114 if submitted by CM |
| S5150 | CD Respite | Y | Year | Year | 720 Hrs/Calendar Yr | Hour | DMAS-97A/B, DMAS-99, DMAS-95 Addendum if directing own care, DMAS-300 if sole service, DMAS-114 if submitted by CM |
| B4154 | Enteral Nutrition | N | | | | | |

* All forms are located on the DMAS web site at www.dmas.virginia.gov.

** See Chapter IV

PRIOR AUTHORIZATION RECONSIDERATIONS and APPEALS PROCESS

Provider Appeals

If services are denied by the preauthorization contractor the provider may request a reconsideration within 30 days of the receipt of the notice of denial by submitting a request to KePRO.

If the preauthorization denial is for a service that has already been rendered, the provider may appeal the adverse decision by filing a written notice of appeal with the DMAS Appeals Division within 30 days of the receipt of the denial. The notice is considered filed when it is date stamped by the Appeals Division. The notice must identify the issues being appealed and must be sent to:

Appeals Division
Department of Medical Assistance Services
600 East Broad Street, 11th floor
Richmond, Virginia 23219

Recipient Appeals

The provider may not bill the recipient for covered services that have been provided and subsequently denied by DMAS or the PA contractor.

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After completion of the reconsideration process, the denial of pre-authorization for services not yet rendered may be appealed in writing by the Medicaid client by sending a written request for an appeal within 30 days of the receipt of the notice of denial. The client or the client's authorized representative may write a letter or complete an Appeal Request Form. Forms are available on the internet at www.dmas.virginia.gov, or by calling (804) 371-8488. If the preauthorization denial is for a service that has already been rendered, the provider may appeal the adverse decision by filing a written notice of appeal with the DMAS Appeals Division within 30 days of the receipt of the denial. The notice is considered filed when it is date stamped by the Appeals Division. The notice must identify the issues being appealed and must be sent to:

Appeals Division
Department of Medical Assistance Services
600 East Broad Street, 11th floor
Richmond, Virginia 23219